

MINI

LEVEL

1

2016 - 3RD / 4TH GRADE

2017 - 2ND/3RD GRADE

2018 - 1ST / 2ND GRADE

2019 - KDG / 1ST GRADE

MINI LEVEL 1 IS A FOUNDATIONAL DIVISION FOR ATHLETES BORN IN 2016 OR LATER THAT FOCUSES ON MASTERING BASIC CHEERLEADING SKILLS WITH A HEAVY EMPHASIS ON SAFETY AND PROPER TECHNIQUE. IN THIS LEVEL, TUMBLING IS LIMITED TO GROUND-BASED MOVES LIKE CARTWHEELS AND WALKOVERS, WHILE STUNTS ARE KEPT AT "PREP LEVEL" (SHOULDER HEIGHT) FOR TWO-LEG SKILLS OR WAIST LEVEL FOR ONE-LEG SKILLS. IT IS DESIGNED TO BE A FUN, FAMILY-FRIENDLY INTRODUCTION TO COMPETITIVE CHEER WHERE YOUNG ATHLETES BUILD CONFIDENCE WITHOUT THE RISK OF ADVANCED AIRBORNE MANEUVERS OR HIGH-FLYING TOSSES.